

LOCATED IN THE FRONT PART OF THE NECK IS YOUR THYROID GLAND.



It's responsible for making and sending a hormone called thyroxine throughout the body, supporting a wide range of physiological processes involving the heart, brain, muscles, skin and metabolism to name a few.

When your thyroid is underactive, a condition known as hypothyroidism, it can't produce enough thyroxine. This can cause processes in the body to slow down, leading to fatigue¹, weight gain, low mood and often feeling cold.

Thyroid dysfunction, including hypothyroidism, is very common in New Zealand, affecting thousands of New Zealanders.^{2,3}

DID YOU KNOW?

Thyroid conditions can run in families.⁶

If someone in your family is affected by a thyroid condition, you may be at increased risk.^{1,6}



Let's get you
back in balance



Ask your doctor about
Synthroid



Synthroid® (levothyroxine sodium) 25 microgram, 50 microgram and 100 microgram tablets. Prescription Medicine used as a replacement or supplemental therapy in patients of any age or state (including pregnancy) with hypothyroidism, or as a pituitary TSH suppressant in the treatment or prevention of various types of euthyroid goiters. Do not use Synthroid® if you have an allergy to thyroid hormones or any of the ingredients in the tablet or have suffered a heart attack. Medicines have benefits and some may have risks. Tell your doctor if you are pregnant, plan to become pregnant or are breastfeeding. You should tell your doctor if you are taking any other medicines including those you may have purchased from a pharmacy, supermarket or health food shop as these may affect the way Synthroid® works. Possible side effects are increased pulse & blood pressure, heart problems including heart failure, heart attack and angina, difficulty breathing and tiredness, headache, sleep disturbance, mood changes, diarrhoea, vomiting, stomach cramps, increased appetite, weight loss, fever, excessive sweating, hair loss, muscle tremor and weakness, menstrual irregularities, impaired fertility, seizures, palpitations, hyperactivity, emotional lability, flushing. Always read the label carefully and use strictly as directed. If symptoms persist or you have side effects, see your health professional. For further information, ask your health professional or view the Consumer Medicine Information at www.medsafe.govt.nz. Synthroid® is a fully funded prescription medicine. Normal doctor's fees and pharmacy charges apply. Ask your doctor if Synthroid® is right for you. SYNTHROID is a Viatrix Company trade mark. Copyright © 2022 Viatrix Inc. All rights reserved. Viatrix Limited, Auckland. SYN-2022-0007, TAPS MR 8225 170522

COLD, TIRED, struggling with WEIGHT?



Could be your THYROID



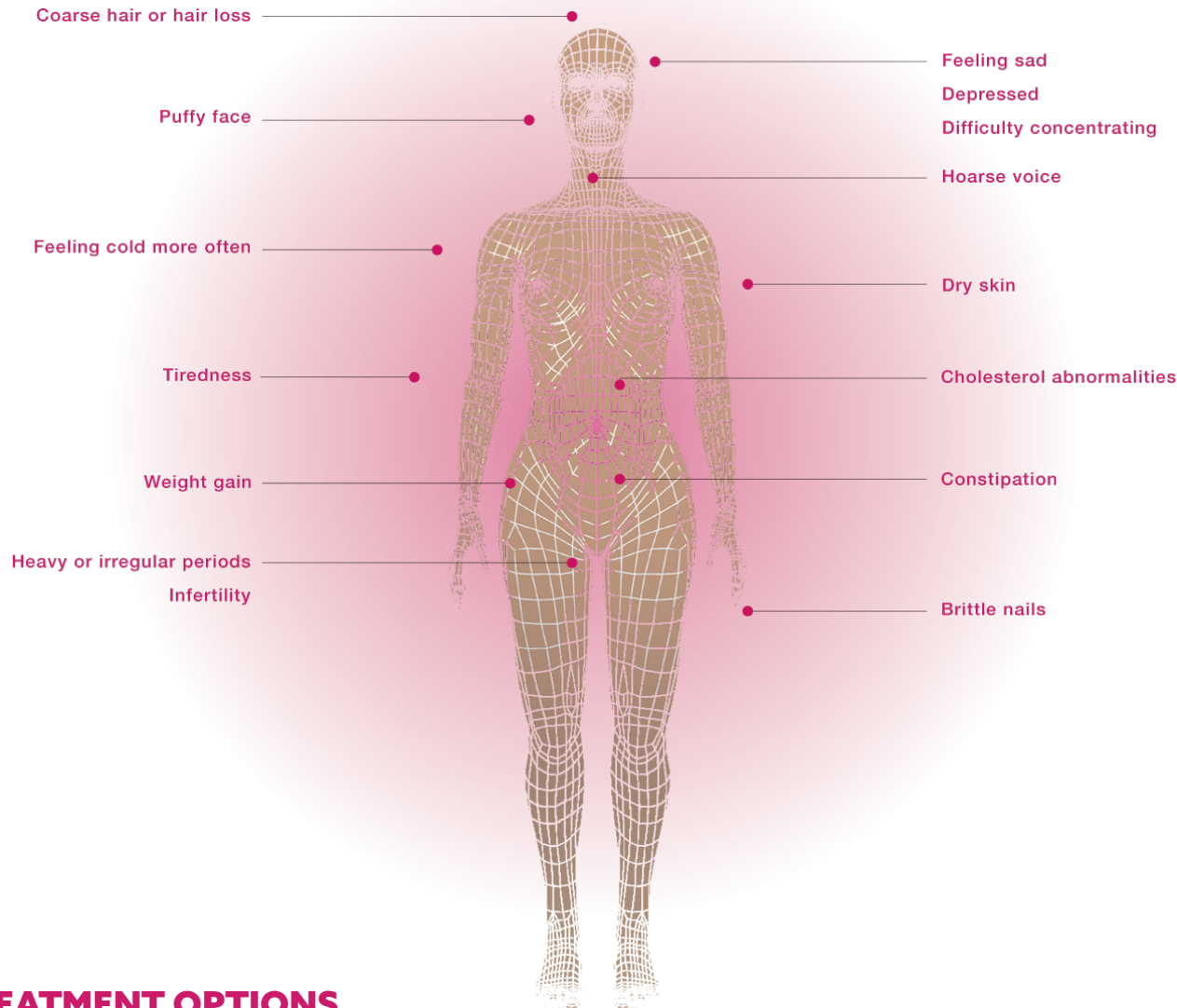
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synthroid.co.nz

1. Hypothyroidism. The National Institute of Diabetes and Digestive and Kidney Diseases. Available at niddk.nih.gov/health-Information/endocrine-diseases/hypothyroidism. Accessed October 2019
2. Bpac NZ. Management of Thyroid dysfunction In adults 2010, Issue 33.
3. NZ Population Statistics December 2021
4. Research Review Synthroid (Levothyroxine) for the treatment of hypothyroidism 2021
5. Synthroid Data Sheet
6. Thyroid Disease may run In your family and you might not know It. Cleveland Clinic March 30 2020. Diabetes and Endocrinology.

Symptoms of HYPOTHYROIDISM



TREATMENT OPTIONS

Hypothyroidism can be treated by supplementing your natural thyroxine levels with synthetic thyroxine. Because your natural levels fluctuate, you should consult your doctor to make sure you are getting the right amount of synthetic thyroxine at the right time. This is where Synthroid® can help. Unlike other thyroxine hormone treatments, Synthroid is available in three dosage strengths which can be tailored to your own health status, age and weight. This may help treat your hypothyroidism and getting you back into balance.⁴

SYNTHROID MAKES TREATMENT EASY

Synthroid tablets are colour coded so it will be easy for you to identify which strength you have been prescribed and also helps when you are collecting your prescription from the pharmacist, as only Synthroid tablets are coloured coded.



If you think you may have hypothyroidism, the first step is to have a chat with your doctor. Once they understand your situation they will request a blood test which will measure what your thyroid hormone levels are. If your thyroid hormones are not adequate and the doctor feels that treatment is required, your doctor may start looking at a tailored treatment plan such as Synthroid®. Synthroid comes in tablet form and in three different strengths.⁵ Your doctor will work out precisely which combination works best for you based on your health status, age and weight.



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1. Hypothyroidism. The National Institute of Diabetes and Digestive and Kidney Diseases. Available at niddk.nih.gov/health-information/endocrine-diseases/hypothyroidism. Accessed October 2019
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